

# James Aiton

# Primary School



## Learning from home

## P1-3

All children have their own unique usernames and passwords to access Glow and Sumdog.

Please see suggested learning activities/websites that your child can access at home:

## Websites

### Literacy

Glow

Phonics Play - <https://www.phonicsplay.co.uk/>

Teach your monster to read - <https://www.teachyourmonstertoread.com/>

Spelling shed - <https://www.spellingshed.com/en-gb>

Literacy shed - <https://www.literacyshed.com/home.html>

Doorway Online - <https://www.doorwayonline.org.uk/>



### Maths

Sumdog

Primary Stars - <https://primarystarseducation.co.uk/>

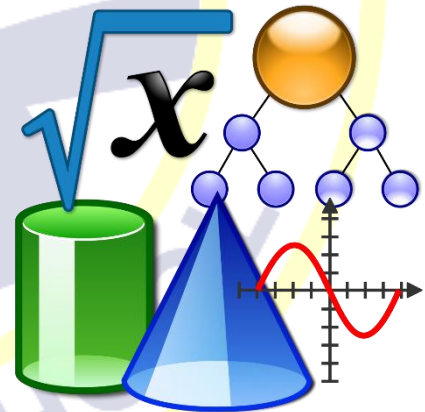
Prodigy maths - <https://www.prodigygame.com/Membership/>

Topmarks - <https://www.topmarks.co.uk/>

Timetables Rockstars - <https://trockstars.com/>

Maths Shed - <https://www.mathshed.com/>

IXL Quizzes - <https://uk.ixl.com/math/>



### Interdisciplinary Learning

Twinkl - <https://www.twinkl.co.uk/resources>

Primary Resources - <http://www.primaryresources.co.uk/>

BBC Bitesize - <https://www.bbc.co.uk/bitesize/primary>

Newsround - <https://www.bbc.co.uk/newsround>

Khan Academy - <https://www.khanacademy.org/>

Talk STEM - <https://talkstem.org/>



## Suggested Activities

### Literacy

Practise single sounds, phonemes and common words

Read a book/comic/magazine – write about your favourite part/character

Organise a tea party – write invitations/plan

Write a story/Make a book

### Maths

Bake a cake (weighing/measuring)

Practise add, subtract, multiply, divide

Design a dot-to-dot picture

Make a model, using 3D shapes



### Science

Make a kite

Investigate rainbows – why do they appear in the sky?

Plant a seed and track what happens over the week(s)

Research the human body – how many bones do we have?

### Expressive Arts

Draw a Spring scene

Make playdough/saltdough

Write/compose a song/rap

Build a cardboard castle



### Technology

Create a new game for your Switch/Playstation

Design a boat using appropriate materials

Use a drawing programme to create a self-portrait

Make a time capsule



## Health and Wellbeing Toolkit

<p>1. Give a gold star: Have cut out stars for children to write on and give people in their family. Have some examples such as – “I give you a gold star for always making me smile.”</p> <p>TOGETHER: Ask your child to read their gold star aloud and hand them out.</p>	<p>2. Quiet time: Play some calming music and ask everyone to close their eyes and listen, focusing on their breathing.</p> <p>Tip: Try doing some yoga exercises with the music.</p>	<p>3. The Giant Doodle Have a large piece of paper rolled out across each table, where your class can gather round and do some doodling.</p> <p>Tip: Start the doodle with circles, swirls, triangles and repetitive patterns</p>	<p>4. Have a giggle: Ask your child to share their favourite jokes to get everyone laughing.</p> <p>TOGETHER: Make a big list of the best jokes!</p>
<p>5. Three Good Things: Write down ‘three good things’ that have happened in your life. For each thing, think about how it made you feel at the time and why.</p>	<p>6. Start with a stretch Kick off your week with some stretching. Starting from the head, go down the body stretching out each part. Roll your neck, wiggle your fingers and rotate your arms.</p>	<p>7. Saying thank you: Write a list of people to say thank you to.</p> <p>TOGETHER: Make thank you cards to thank those special people in your life.</p>	<p>8. And breathe... Have a go at focusing on your breathing. Ask your child to close their eyes and listen to their breath as they inhale for four and exhale for four.</p>
<p>9. Get your body moving! Play a song for a few minutes, to shake off the tension and have a dance.</p>	<p>10. Storytime: Write a funny story together. Each person has to say one line as you make a story together.</p>	<p>11. Back to nature: Go out for a walk or work in the garden.</p>	<p>12. I am grateful: Write, or draw three things you are grateful for. You could extend this by creating a ‘gratitude tree’. Draw a tree outline on a large piece of paper and ask pupils to write on tags what they are grateful for and stick them up.</p>